

Childhood Asthma in Brent:

LES Aim (2026/27)

The Brent Childhood Asthma Local Enhanced Service (LES) for children aged 5 to 17 years aims to:

- Improve asthma outcomes and overall wellbeing.
- Shift appropriate asthma management from secondary care into primary care.
- Identify and proactively manage children at high risk of asthma exacerbations.
- Address wider determinants of health, including housing conditions, mould exposure, smoking in the household, and other socioeconomic factors.

High-Risk Asthma Cohort

The enhanced review programme focuses on children identified through the **AST00 search**, including those who:

- Have asthma and an EpiPen prescribed.
- Have received oral corticosteroids in the last 12 months.
- Have been prescribed 4 or more SABA inhalers in the last year.
- Are on a SABA-only treatment regime (2 or more SABA prescriptions in 12 months without ICS therapy).

These children should receive an enhanced face-to-face review and management aligned to NICE guidance.

Personal Asthma Plans

Year	Number of Personal Plans
2021/22	773
2022/23	1,154
2023/24	1,293
2024/25	1,325
2025/26	1,645
2026/27 (YTD)	643

Key Findings

- There has been a **113% increase** in personal asthma plans from 773 in 2021/22 to 1,645 in 2025/26.

- Growth has been consistent year-on-year, demonstrating increasing compliance with best practice asthma management.
- The 2026/27 figure of **643 plans** is already equivalent to approximately **39% of the total achieved in 2025/26**, suggesting activity is progressing well depending on the point in the financial year.

Asthma Reviews

Year	Number of Reviews
2021/22	766
2022/23	1,151
2023/24	1,279
2024/25	1,481
2025/26	1,800
2026/27 (YTD)	755

Key Findings

- Annual asthma reviews increased from **766 in 2021/22 to 1,800 in 2025/26**, representing a **135% increase** over the period.
- The largest improvement occurred between 2021/22 and 2022/23, with further steady annual growth thereafter.
- The 2026/27 year-to-date position of **755 reviews** represents around **42% of the previous year's total**, indicating good progress towards maintaining delivery levels.

Strategic Interpretation

The data demonstrates a sustained improvement in the management of childhood asthma within Brent Primary Care. The increasing numbers of asthma reviews and personalised asthma action plans suggest:

- Improved identification and monitoring of children with asthma.
- Greater adherence to national asthma management standards.
- Enhanced support for self-management through personalised care planning.

- Increased opportunities to identify children at risk of severe exacerbations and hospital admissions.

The 2026/27 LES provides an opportunity to build on this progress by specifically targeting children at highest risk and addressing both clinical and social determinants of health. Successful delivery should contribute to:

- Reduced emergency attendances and hospital admissions.
- Improved asthma control.
- Reduced health inequalities.
- Better patient and family experience.
- Increased uptake of inhaled corticosteroid therapy among children currently reliant on SABA-only treatment.

Recommended Focus for 2026/27

1. Maximise completion of AST00 high-risk reviews.
2. Increase coverage of personalised asthma action plans.
3. Review prescribing patterns, particularly SABA overuse.
4. Strengthen links with housing, smoking cessation and social prescribing services.
5. Monitor outcomes relating to exacerbations, oral steroid use and unplanned care utilisation.

Overall, the data indicates a positive trajectory for childhood asthma management in Brent, with the LES providing a targeted framework to further improve outcomes for the borough's most vulnerable children.